# FCJ COLLEGE







# Newsletter



# TERM 3 6 SEPTEMBER 2024

Dear FCJ College community,

This week we embark on our Season of Creation – a time in our world where we pause, reflect and consider the wonderful gift from our God that is creation and how we have been treating this gift. To acknowledge this important time, several of our students will be attending the Sandhurst Diocese Celebration of the Season of Creation where they will participate in tree planting and join Bishop Shane in celebrating Mass. Stay tuned for more updates across the month as we continue to recognise this important season in our calendar.

#### **Vision and Mission Update**

As you are aware, we have been engaged in a whole-community process to review our current identity statement, our vision and our graduate outcomes. Staff and students have been involved in this process to offer their insights and wisdom into the school we have been, the school we currently are and the school we want to be in the future. This week, we had a number of families join us in two separate workshops — online and face to face to assist us in developing, refining and building upon the ideas as shared by our students and staff. This was a great conversation and life-giving as the families who participated shared their insights so honestly and carefully. My thanks to them all. We look forward to sharing with you the outcome of this process once the College Council has approved the new versions.

#### Uniform

Well, if you want to generate a buzz in a school community, simply talking about the uniform and showing some samples of what 'might be' will do so. We're thrilled to be partnering with Noone's to review our current uniform. The staff and the students have seen the sample items and have been giving wonderful, helpful feedback. Parents who attended the face to face interviews this week will have seen the displays as well, and I thank them for their feedback. If you saw the uniforms and didn't get a chance to offer your input – please do so at the link here:

https://forms.gle/yJ6Aj8AGMWDLCHNL7

The uniforms will be on display in the front office until the end of next week. We will make final decisions and announcements early next term.

#### Masterplan

As we continue to grow and look for opportunities to review our buildings and facilities, we have gone to tender for an architect to assist us in developing a new Masterplan. Once we have selected the architect firm to walk alongside in this journey, we will be seeking our communities involvement in this important process. Please keep an eye out for invitations to join this conversation next term.

#### **Deputy Principals**

I'm thrilled to share with the community the announcement of our new dual Deputy Principal model for 2025 and beyond and to share with you the successful applicants for those roles.

#### Deputy Principal - Learning: Kirsty Renkin

We are delighted to appoint Kirsty Renkin as our new Deputy Principal of Learning. Kirsty is no stranger to FCJ College, she is currently our Director of Learning Diversity and, before that, served as Director of Learning and Teaching. Her extensive experience and deep understanding of educational practice make her an invaluable addition to our Executive Team. In her new role, Kirsty will work closely with the Deputy Principal of Community to strategically lead the development of student learning and the professional practice of our staff. She will support the Principal in all aspects of College leadership, dedicating herself to reflecting on, developing, and articulating the vision and future direction of FCJ College.

#### Deputy Principal - Community: Joseph Mount

We are equally thrilled to confirm that Joseph Mount will continue in his role as Deputy Principal but in the newly structured role of Deputy Principal Community. Joseph has been a cornerstone of our leadership team for the past 15 years, bringing with him a wealth of experience in Catholic education. His deep commitment to our school's mission and his vast knowledge of our community's needs have been instrumental in guiding FCJ College through many years of growth and change. As Deputy Principal of Community, Joseph will collaborate with Kirsty Renkin to strategically lead and nurture our school community, ensuring that we continue to thrive while staying true to our rich Catholic heritage and the FCJ tradition.

This transition to a dual Deputy Principal structure is a significant step in ensuring that FCJ College continues to excel in providing exceptional education and community support. Both Kirsty and Joseph bring a wealth of experience, passion, and commitment to their roles, and we are confident that their leadership will greatly benefit our entire school community.

Exciting times to be at FCJ College!

Go well,

Shaun Mason Principal

## **10Z CELEBRATES VICTORY**

Winning pastoral group 10Z enjoying lunch after winning the footy tipping competition.



# What's On

### September

11-13	Year 9 Camp
20	Last Day Term 3

### October

7	Student Free Day - Staff Professional Learning
8	First day Term 4
29-20	Year 9 OED - Warby's Overnight Camp

### November

1	Student Free Day – Staff Professional Learning
4	Student Free Day
5	Student Free Day - Melbourne Cup Day
19-21	U20ES - Coastal Surf Trip
26	Grade 5 Discovery Day
27	Year II Student Free Day
28	Year II Feedback Day
29	Student Free Day - Staff Professional Practice Day (Headstart Preparation)



### TOMORROW TODAY TERTIARY STUDY SCHOLARSHIPS 2024

To provide encouragement and support for two FCJ College Benalla Year 12 students to pursue tertiary studies beyond Benalla.

This award will be to the value of \$2,000 payable to each student on confirmation of their enrolment in a recognised tertiary course.



tomorrowtoday.com.au

# GUIDELINES FOR SELECTION

CONSIDERATIONS FOR SELECTION

You are a Year 12 student currently attending FCI College Benalla.



You reside in Benalla Rural City.

Your identified potential for succes in your chosen tertiary course.

You are applying for a tertiary course (university or TAFE) once you've completed VCE, or within one year of completion.

Your written application that addresses the guidelines to a high order.

You have performed to a good standard in Year 12.

An interview with the selection panel.

You have made a contribution to the school community or Benalla community in some way, through volunteering, sport and recreation, and/or paid part-time work.

Your academic achievement to date.

You can demonstrate via your application how important this scholarship is for you and your ability to successfully access higher education.



Tomorrow Today | Shop 10, 66 Nunn Street, Benalla, VIC 3672 | 03 5762 1211 | tomorrowtoday.com.au | ABN 90 610 420 123

#### **APPLICATION PROCESS**



Applications should be neatly hand-written or typed. Include your full name, phone number, email and home address.

Applications should address all key points outlined in the Year 12 Scholarship Application Requirements.

Applications must include a reference from one of the applicant's Year 12 teachers.

Applications must include information about the applicant's school and community involvement. This may include information about academic achievement, school interests and involvements, hobbies, paid part-time work or other interests.

Shortlisted applicants will be required to attend an interview held by a panel at FCJ College Benalla.

The successful applicant will be announced at the FCJ Awards night in December. They will also be invited to meet with representatives of Tomorrow Today to discuss other support available.

#### TIMELINE FOR APPLICANTS

Written application due:

Wednesday 18 September 2024

Interviews will be held:

between 7 - 11 October 2024

Please submit your application addressed to Guy Durance, Year 12 Learning Leader.

YEAR 12 SCHOLARSHIP
APPLICATION REQUIREMENTS

Please address the following points with as much detail as possible. Make sure to include your name, address, phone number and email address at the top of your application.

Attach your teacher's reference to your application. You are encouraged to bring any further evidence to support your application should you progress to the interview stage.

Submit to Guy Durance, Year 12 Learning Leader.

Your Year 12 subjects and progress to date.

Your intended tertiary studies (including tertiary institution/s).

Describe how you contribute to the school community or wider Benalla community.

How would this scholarship make a difference to your tertiary studies?

Due: Wednesday 18 September 2024

# YEAR 9 OUTDOOR EDUCATION: FIRST ADVENTURES AT WINTON WETLANDS AND MOUNT PILOT

The Year 9 Semester 2 Outdoor Education group recently went out on their first trips to Winton Wetlands for mountain biking and Mount Pilot for abseiling and climbing. We somehow managed the only clear day without forecast rain across the week, but the wind increased throughout the day. The wetlands were vastly different at this time of the year with

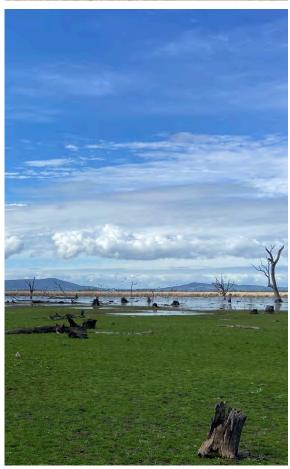
The wetlands were vastly different at this time of the year with rain and warmer weather bringing a lot of life to the area. The mountain bike group were lucky to spot a large variety of birds including pelicans and swans, and some birds of prey as well. A really special moment was the huge mob of kangaroos which hopped along the trails in front of us, with excitable joeys bouncing all over the place. The group displayed excellent skill throughout the day and covered more than 20km.

The second group challenged themselves on the cliffs of Mount Pilot, where they saw Peregrine Falcons who were nesting nearby. Everyone challenged themselves on the abseils and climbs, developing trust and communication within their group. Leadership and teamwork are important skills for students going forward into more outdoor adventures. This was a great first step for these students.









# EXPLORING THE FUTURE: A VISIT FROM THE WANGARATTA TECH SCHOOL DIRECTOR AND HANDS-ON VR EXPERIENCE



Today we met Xavier Norden, the Director of the new tech school in Wangaratta. He introduced us to the tech school and talked to us about what it is going to be like. He talked to us about the tech schools being built and the things we could learn about. It was interesting to hear about the technology that is at the tech schools. He also brought in a few VR headsets, and we got to use them and play around with them. The VR headsets were very high tech and very good. It was a fun experience to play with them and learn about them.

- Riva



On 30 August, six of us who were present were invited to try out some VR headsets. We were first introduced to Xavier Norden, the Director of the Wangaratta Tech school who had talked to us about the new Tech schools being built, some of the latest opportunities we would have in the future and some things we would be learning about when we go on the excursion to the Wangaratta Tech school for the day.

It was exciting to hear what we would be able to do at the Tech school and the things we would be able to try out. The six of us were then given a VR headset. Personally, I haven't used one before but overall it was a really fun and funny experience playing and watching others playing it too.







### YEAR 9 DRAMA & YEAR 10 MUSIC IN WPAC

SLAP, BANG, KISS was a very wonderful experience. I loved the three storylines and how they acted them out having a really deeper meaning behind the stories. - Chrysanta Soledad

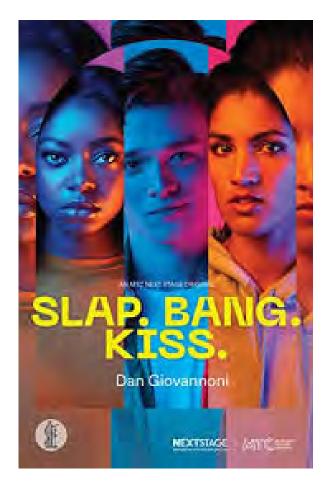
I really enjoyed this performance, it was engaging and presented world issues in a creative way. - Imogen Williams

I enjoyed the performance and how they switched characters so quickly and how they changed their voices to match the characters which was inspiring and how they moved the blocks of "cement" around " and managed to make them seem like other objects. - Kiera Butler

I enjoyed watching the SLAP, BANG, KISS performance. The actors were easily able to express the character they were playing and changed their persona when the story skipped to the next. It was so interesting and fascinating. - Shael Baldo

It was a good show and I enjoyed watching how the actors managed to play multiple characters on the stage without changing their voices or the costumes. - Eleanor Renkin

I enjoyed the sound design and monologues that the actors performed as well as the question section at the end where they talked about how they got into the show, and the rehearsal process. - Emily Snell



It was a different kind of drama than I was used to but the techniques used were very powerful and moving. -Max Weeks

I thought that the way that they had transitioned between speaking was very good and they did it very smoothly. - Hunter Carter

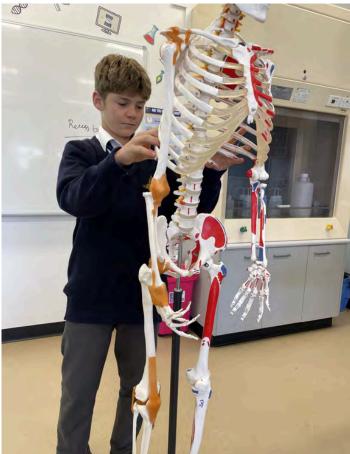




# SCIENCE







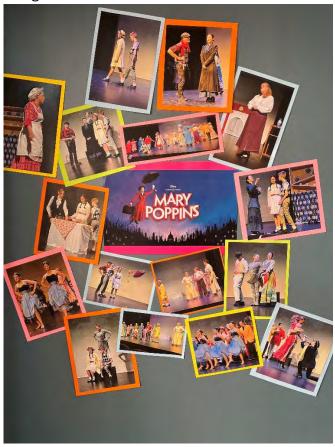




6<sup>th</sup> September, 2024

#### Library displays:

I'm sure a lot of you were fortunate enough to see the recent school production of Mary Poppins. Once again we were blown away by the talented cast, imaginative producers and all-hands-on-deck approach of all involved with this wonderful production. Congratulations to all and well done on recreating the magic of Mary on stage!







### Paralympics-Paris 2024

In the library we are also celebrating the many brave athletes competing in the Paralympics. We are keeping a medal tally and at this time we are doing extraordinarily well! AUSSIE GOLD!



#### **HOW TO APPLY**

Scan the QR code to be taken to the application page.



You will need to upload a current CV (twopage maximum) and the details of two referees, along with the applicant response 200-300 words outlining your career aspirations and why you want to participate in the Home Affairs GAP Year Program.

All applicants will be invited to participate in a short online cognitive and emotional intelligence test. Successful applicants will then be invited to a virtual one-way interview where you will have the opportunity to talk about your interests, skills and experiences working in a team.

**Applications close** Sunday 8 September 2024 at 11:59pm (midnight) AEST. For more information or any enquiries, please contact entry.programs@

homeaffairs.gov.au



Are you in Year 12 and not sure what you want to do next?

Spend an exciting 12 months, where you'll not only get paid to carry out meaningful and important work that improves the lives of all Australians but also gain life-changing skills.

#### THE OPPORTUNITY



Are you about to finish year 12 and wondering what to do next?



Are you considering a gap year to earn some extra cash?



Are you looking for an interesting and well-paid job?

If you answered 'yes' to the above questions then you should consider a Gap Year with the Department of Home Affairs.

#### WHO WE ARE

The Department of Home Affairs offers challenging and diverse employment in roles impacting many parts of Australian life emergency management, trade and travel, national security, immigration, settlement services, citizenship and border security.

Be part of something bigger: contribute to building a secure, prosperous, open and united Australia.

#### WHAT YOU WILL DO

Positions will be offered in dynamic teams to support the processing and administration of fast paced and essential business areas within the Department.

Duties may include undertaking basic administrative support tasks, requesting and retrieving information from external stakeholders and clients, and responding to written and telephone customer enquiries, among other things. These entry level roles do not require any prior experience. All training and coaching will be provided.

#### WHAT WE OFFER

Successful applicants will be offered a 12month temporary employment contract at the Australian Public Service (APS) 2 classification. Salary at commencement will be \$56,744 per annum plus 15.4% superannuation contribution.

GAP Year

We will provide comprehensive on the job training, mentoring and further development opportunities through the 12

Positions will be located at various national offices across Australia.

Further information on working in the Department can be found here.

#### **WHO YOU ARE**

Applications are open to current year 12 students who will be graduating in 2024. No past work experience is required.

Applicants must be an Australian citizen and prepared to undertake and pass an Australian Government security dearance process.

Visit for more information about the security dearance process

# Benalla Wellness Workshops Free community sessions **Financial Empowerment** Budgeting and financial planning for independence.

Monday 7th Oct 4pm - 6pm

#### Parenting Support

Effective communication and positive parenting strategies. Monday 14th Oct 4pm - 6pm

#### Legal Guidance

Understand your rights and legal options after trauma. Monday 21st Oct 4pm - 6pm

#### **Art Therapy**

Practicing self care, compassion, and creativity through crafting self care boxes. Monday 28th Oct 4pm - 6pm

#### Mindfulness & Meditation

Calm the breath, calm the body and calm the mind. Monday 4th Nov 4pm - 6pm



Come to one or come to all. choose what's best for you!

Register via the QR Code or email admin@cav.org.au



CENTRE AGAINST













#### **Autism online** workshop for parents & carers National

Join us for an online workshop where you will have the opportunity to listen, share and learn with parents and carers who support young autistic people from across Australia.



Session 1: Diversity of autism 17 September, 2024 12:00pm - 1:30pm (AEST)



For more information and to register, scan the QR code or click here.



Session 2: Understanding sensory processing 24 September, 2024

12:00pm - 1:30pm (AEST)



For more information and to register, scan the QR code or click here.

#### 2 Workshop sessions

Free workshop

Learn more about autism and ways to strengthen the partnership between home and school.

- This series of 2 workshops will be held online via Zoom
- The sessions are stand alone, but complement each other.
- Each session has a separate registration. You can register for one or both.
- These workshops are interactive online sessions
- If you plan to invite others to watch this session with you, they must register via the website to receive a certificate.

For enquiries email Rebecca Wahlsten: rwahlsten@positivepartnerships.com.au





#### Youth Outreach Recovery Support (YORS)

#### What is Youth Outreach Recovery Support (YORS)?

Youth Outreach Recovery Support (YORS) is a Mental Health Community Support Service (MHCSS) for young people aged 16-25 years who are experiencing mental health symptoms or significant psychological distress. It will be delivered by existing Youth Residential Recovery (YRR) service providers across Victoria.

YORS is funded by the Department of Health to provide young people with short to medium term flexible outreach wellbeing support to help them to better manage their mental health, develop practical life skills for independent living and self-care, engage in community life, access other health and social support services they need, and make the journey towards recovery and the life they want.

#### Who will benefit from YORS?

YORS is for young people aged 16-25 years in Victoria, who are experiencing mental health symptoms or significant psychological distress.

It will complement, but not duplicate, case management supports the young person may be receiving from other service providers (e.g. area mental health services, youth justice, out of home care and homelessness providers) by providing a psychosocial therapeutic response tailored to the needs of the young person. This includes providing young people with some access to the YRR group programs and activities on a day basis. This support can also be provided before or after a YRR bed-based

#### How do you refer to YORS?

oung people can self-refer to YORS. With the young person's consent, referrals can also be made by roung people can servine to Orac Armin the Young people so its content, reterrals can also be made family members or carers, schools, Youth services, GPs, private and public mental health clinicial headspace, Prevention and Recovery Care Services (PARCS), as well as health and social support services such as those related to: homelessness, justice, out of home care, and substance use or

#### Referrals through ACSO Intake

Phone: 1300 022 760 E-mail: milicus@scro.org.au W: www.acso

If you would like more information, please contact

YORS Co-ordinator Kerry Osborne M: 0456 748 806 E: kerry.osborne@mindaustralia.org.au

YORS Co-ordinator Peer Practitioner Rachel Lawrowicz M: 0456 742 144 E: rachel.lawrowicz@mindaustralia.org.au



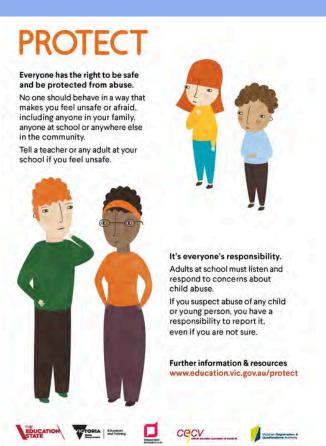


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# FCJ COLLEGE'S COMMITMENT TO CHILD SAFETY

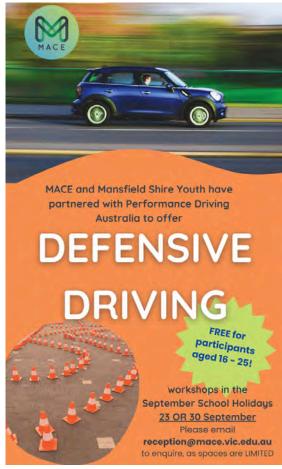
All students enrolled, and any child visiting FCJ College, have a right to feel safe and be safe. The wellbeing of children in our care will always be our first priority and we have zero tolerance to child abuse. We aim to create a child safe and child friendly environment where children feel safe and are free to enjoy life to the full without any concern for their safety.





Future Proof RURAL





#### SUSTAINABLE SCHOOL SHOP

#### Second-hand Textbooks and Uniforms

3 4 We have partnered with **Sustainable School Shop** to provide families access to second-hand textbooks, uniforms, calculators, musical instruments, sports gear and much more!

Sustainable School Shop have preloaded items specific to our school onto their site. This makes it super easy to list your items for sale and to buy items.

See all the second-hand uniform items for sale here: https://www.sustainableschoolshop.com.au/stocktake/fcj-college

See all the second-hand textbooks for sale here: https://www.sustainableschoolshop.com.au/booklist/fcj-college

So jump onto the site, register and list your items for sale, you will be:

- reusing items rather than adding to landfill
- making money on items you sell
- saving money on items you buy
- providing another family in our school with cheaper items
- helping to create a culture of contact amongst our school community families!

Login or Register here: https://www.sustainableschoolshop.com.au